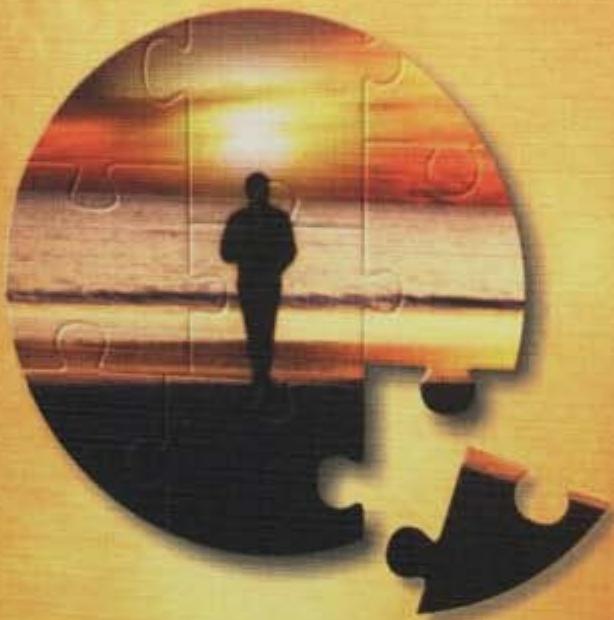


—Neale Donald Walsch—

*on*

## HOLISTIC LIVING



*Applications for Living*

by the author of  
*Conversations with God*

## Introduction

What is it like to “walk the path”? What does living a whole—and a holy—life “look like”? Is there a way to take the messages of all the great spiritual literature and live it daily?

These are the questions all seekers ask. The answers have been given to us many times, in many different ways, from many different sources. Still, we are not living them. In the main, we are not paying attention to the words of those who would offer us spiritual guidance. The result is that we have lost our way. The *world* has lost *its* way. Yet we have no more time to act lost. Time is running out. For us, individually, and for the human family.

Each day that goes by is a day less that you will be here, in the body, on the Earth, doing what you came here to do. Are you clear what that is? And, is it what you are up to? Or are you losing time, spending most of it still searching, still wandering, still wondering? If so, you are invited to stop it. The answers are here. They have been given us. All the great Wisdom Traditions contain them. And now they are more accessible than ever before. No longer are we dependent upon the passing of these truths through oral histories, or a few lost parchments finally found. Now we have mass media, and the worldwide web. Now we have instant and global distribution of books and tapes and videos. If we are seekers today, we truly do not have to go far to find.

In truth, we never did. The answers were always right there, inside of us. That’s the truth to which all this newly accessible information led me.

Like you, I’d been asking questions about how to live a better life for a long time. A few years ago, I began receiving answers. I believe those responses to have come from God. At the time I received them, I was so impacted and so impressed that I decided to keep a written record of what I was being given. That record became the *Conversations with God* series of books, which have become best sellers around the world.

It is not necessary for you to join me in my belief about the source of my replies in order to receive benefit from them. All that is necessary is to remain open to the possibility that there just might be something that most humans do not fully understand about living holistically, the understanding of which could change everything.

That’s the frame of mind that a small group of about 40 people held when it gathered at a home just outside San Francisco, California in January, 1999 to explore with me more deeply what *Conversations with God* has to say on this subject. I shared with the group all that I understood about the material on holistic living that appears in the dialogue, and answered questions as they came up. The synergy of that afternoon produced an electrifying experience,

resulting in an open flow of wonderful wisdom that, I am happy to say, was captured on videotape and audiocassette—edited versions of which have since been made public.

This book is a transcript of that event, and reads in a much more free-flowing—and, I think, more stimulating—style than text that is written for the printed page. And because the book format is not limited by time and production constraints, we were able to include here material not found in the video or audio versions, which necessarily had to be shortened for production reasons.

The guidance we are given here offers no surprises. As I've said, we have been given answers to life's most important questions before, in the Koran, in the Bhagavad Gita, in the Tao-te Ching, in the Bible, in the Dhammapada, in the Talmud, the Book of Mormon, the Upanishads, the Pali Canon, and in a hundred other places. The question is not, when we will be given the answers, but, when will we hear them?

It *is* possible to live life holistically, and the extraordinary insights in the *Conversations with God* books show us how. Again. In words just right for the 21<sup>st</sup> Century.

Here are those insights, as I have received them, and understood them. I share them with you here in humility, straight from the Take It For What It's Worth Dept., with the hope that if even one comment opens a new window, or throws wide a doorway, to greater happiness, you will have been served.

Neale Donald Walsch

July, 1999

*Ashland, Oregon*



# Excerpt

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