

*Communion with God*



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*Read by the author with Edward Amer and Ellen Burstyn*  
*Complete and unabridged*

# 1

Most people believe in God, they just don't believe in a God *who believes in them*.

God does believe in them. And God loves them more than most of them know.

The idea that God turned stone silent and stopped talking to the human race a long time ago is false.

The idea that God is angry with the human race and kicked it out of Paradise is false.

The idea that God has set Himself up as judge and jury and will be deciding whether members of the human race go to heaven or go to hell is false.

God loves every human being who ever lived, lives now, or ever will live.

God's desire is for every soul to return to God, and God cannot fail in having this desire fulfilled.

God is separate from nothing, and nothing is separate from God.

There is nothing that God needs, because God is everything there is.

This is the good news. Everything else is an illusion.

The human race has been living within illusions for a long time. This is not because the human race is stupid, but because the human race is very smart. Humans have understood intuitively that illusions have a purpose, and a very important one. Most humans have simply forgotten that they know this.

And they have forgotten *that their forgetting is part of what they have forgotten*, and therefore part of the illusion.

Now it is time for humans to remember.

You are one of those who will lead the vanguard in this process. There is nothing surprising in this, given what has been going on in your life.

You have come here to remember The Illusions of Humans, so that you may never again be caught up in them, but achieve communion with God once more, in the living of your life through the awareness of Ultimate Reality.

It is perfect that you have done so. And it is, obviously, not happenstance.

You have come here so that you may know *experientially* that God resides within you, and may have, whenever you wish, a Meeting with the Creator.

The Creator may be experienced and found within you and all around you. But you must look past The Illusions of Humans. You must ignore them.

Here are The Ten Illusions. Get to know them well, so that you will recognize them when you see them.

1. Need Exists
2. Failure Exists
3. Disunity Exists
4. Insufficiency Exists
5. Requirement Exists
6. Judgment Exists
7. Condemnation Exists
8. Conditionality Exists
9. Superiority Exists
10. Ignorance Exists

The first five of these are The Physical Illusions, having to do with life in your physical body. The second five are the Metaphysical Illusions, having to do with non-physical realities.

In this communication, each of these Illusions will be explored in detail. You will see how each has been created, and you will see how each has affected your life. And before this

communication is complete, you will also see how you can undo any effect resulting from these Illusions that you wish to undo.

Now the first step in the process of any really open communication is that you must be willing to suspend your disbelief regarding what you are hearing. You will be asked to do that here. Please temporarily give up any previous notions you may have about God and Life. You may return to your previous ideas at any time. It is not a question of abandoning them forever, but of merely setting them aside for the moment to *allow for the possibility that there may be something you do not know, the knowing of which could change everything.*

Examine, for instance, your reaction to the idea that God is communicating with you right now.

In your past you have found all sorts of reasons not to accept that you could have an actual conversation with God. I'm going to ask you to set those thoughts aside, and assume that you are receiving this communication directly from Me.

To make it easier on you, I will speak of Myself in the third person through much of this communication. I recognize that it may be a little unnerving for you to hear Me using the first person singular. And so, while I will do it once in a while (just to remind you Who is bringing you this information), I will most of the time speak of Myself as, simply, God.

While your receiving a direct communication from Deity may seem improbable to you at first, understand that you have come to this communication to remember, at last, Who You Really Are, and the Illusions that you have created. Soon, you will deeply understand that you have actually caused this book to come to you. For now, simply hear Me when I tell you that in most of the moments of your life, *you are living an illusion.*

There are ten very big, very impactful illusions which you created during the earliest part of your experience on Earth, and hundreds of smaller ones that you create every day. Because you

believe them, you have created a Cultural Story that has allowed you to enter into these Illusions and make them real.

They are not *really real*, of course. Yet you have created an Alice in Wonderland world in which they seem very real, indeed. So real that, like the Mad Hatter, you will deny that what is False is false, and that what is Real is real.

You have, in fact, been doing this for a very long time.

A Cultural Story is a story which has been handed down from generation to generation, across centuries and millennia. It is the Story that you tell yourself about yourself.

Because your Cultural Story is based on Illusions, it produces Myth, and not an understanding of reality.

The CULTURAL STORY OF HUMANS is that...

1. God has an agenda. (Need Exists)
2. The outcome of life is in doubt. (Failure Exists)
3. You are separate from God. (Disunity Exists)
4. There is not enough. (Insufficiency Exists)
5. There is something you have to do. (Requirement Exists)
6. If you do not do it, you will be punished. (Judgment Exists)
7. The punishment is everlasting damnation. (Condemnation Exists.)
8. Love is, therefore, conditional. (Conditionality Exists)
9. Knowing and meeting the conditions renders you superior. (Superiority Exists)
10. You do not know that these are illusions. (Ignorance Exists.)

This Cultural Story has been so ingrained in you that you now live it fully and completely. This, you tell each other, "is just The Way It Is."

You have been telling each other that now for many centuries. Indeed, for millennia after millennia. For so long, in fact, that Myths have grown up around these Illusions and Stories. Some of the most prominent of these Myths have been reduced to concepts, such as...

- Thy will be done.

- Survival of the fittest.
- To the victor go the spoils.
- You were born in original sin.
- The wages of sin are death.
- Vengeance is Mine, sayeth the Lord.
- Ignorance is bliss. What you don't know won't hurt you.
- God only knows.

...and many others, equally destructive and non-serving.

Based on these Illusions, Stories and Myths—none of which have anything to do with Ultimate Reality—here is how many humans have come to think about Life:

“We are born into a hostile world, run by a God who has things He wants us to do and things He wants us not to do, and will punish us with everlasting torture if we don't get the two right.

“Our first experience in life is separation from our mother, the source of our life. This sets the tone and creates the context for our entire reality, which we experience to be one of separation from the Source of *All Life*.

“We are not only separate from All Life, but from everything else *in* Life. Everything that exists exists separate from us, and we are separate from everything else that exists. We do not want it this way, but this is the way it is. We wish it were otherwise, and, indeed, we strive for it to be otherwise.

“We seek to experience Oneness again with all things, and especially with each other. We may not know why, exactly, yet it seems almost instinctual. It feels like the natural thing to do. The only problem is, there does not seem to be enough of The Other to satisfy us. No matter what the Other Thing is that we want, we cannot seem to get enough of it.

“We cannot get enough love, we cannot get enough time, we cannot get money, we cannot get enough of whatever it is we think we

need in order to be happy and fulfilled. The moment we think that we have enough, we decide that we want more.

“Since there is ‘not enough’ of whatever it is we think we need to be happy, we must ‘do stuff’ to get as much as we can get. Things are required of us to get everything, from God’s love to the natural bounty of Life. Simply ‘being alive’ is not enough. Therefore WE, like all of Life, *are not enough*.”

“Because just ‘being’ isn’t sufficient, there’s stuff that we have to do. The ones who do the ‘right stuff’ get to have the things that they need to be happy. If you don’t do the right stuff in the right way, you don’t get to ‘win’. Thus, the competition begins. There’s ‘not enough’ out there, and so, we have to compete for it.

“We have to compete for everything, *including God*.”

“This competition is tough. This is about our very survival. In this contest, only the fittest survive. Only to the victor go the spoils. If you are a loser, you live a hell on Earth, and after you die, if you are a loser in the competition for God, you experience hell again – this time forever.

“Death was actually created by God because our forebears made the wrong choices. Adam and Eve had everlasting life in the Garden of Eden, but then, Eve ate the fruit of the tree of the Knowledge of Good and Evil, and she and Adam were driven from the garden by an angry God, who sentenced them, *and all their progeny forevermore*, to death as The First Punishment. Henceforth, life in the body would be limited, and no longer everlasting, and so would the *stuff* of Life.

“Yet God will give us back our everlasting life if we never again break His rules. God’s love is unconditional, it is only God’s rewards which are not. God loves us even as He condemns us to everlasting damnation. It hurts Him more than it hurts us, because He really wants us to return home, but He can’t do anything about it if we misbehave. The choice is ours.

“The trick is, therefore, to not misbehave. We need to live a good life. We must strive to do so. In order to do so, we have to know the truth about what God wants and does not want from us. We cannot

please God, we cannot avoid offending Him, if we do not know Right from Wrong. So we have to know the Truth about that.

“The Truth is simple to understand and easy to know. All we have to do is listen to the prophets, the teachers, the sages, and the Source and Founder of our religion. If there is more than one religion, and therefore, more than one Source and Founder, then we have to make sure to pick the Right One. Picking the Wrong One could result in us being a Loser.

“When we pick the Right One, we are superior, we are better than our peers, because we have The Truth on our side. This state of being “Better” allows us to claim most of the other prizes in the contest without actually contesting them. We get to declare ourselves the Winner in the competition *before the competition begins*. It is out of this awareness that we give ourselves all the advantages, and write the Rules of Life in such a way that certain others find it nearly impossible to win the really big prizes.

“We do not do this out of meanness, but simply in order to ensure that our victory is guaranteed—as rightly it should be, since it is those of our religion, of our nationality, of our race, of our gender, of our political persuasion, who know The Truth, and therefore deserve to be Winners.

“Because we deserve to win, we have a right to threaten others, to fight with them, and to kill them if necessary, in order to produce this result.

“There may be another way to live, another thing that God has in mind, another, larger Truth, but if there is, we don’t know it. In fact, it is not clear whether we are even *supposed* to know it. It is possible that we are not supposed to even try to know it, much less to truly know and understand God. To try is to be presumptuous, and to declare that you have actually done so is to blaspheme.

“God is the Unknown Knower, the Ummoved Mover, the Great Unseen. Therefore, we cannot know the truth *that we are required to know* in order to meet the conditions *that we are required to meet* in order to receive the love *that we are required to receive* in order to avoid

the condemnation *that we are seeking to avoid* in order to have the everlasting life *that we had before any of this started*.

“Our ignorance is unfortunate, but should not be problematical. All we need do is take what we think we DO know—our Cultural Story—on faith, and proceed accordingly. This we have tried to do, each according to his or her own beliefs, out of which we have produced the life that we are now living, and the reality on Earth that we are creating.”

This is how most of the human race has it constructed. You each have your minor variations, but this is, in essence, how you live your lives, justify your choices, and rationalize your outcomes.

Some of you do not accept all of this, yet all of you accept some of it. And you accept these statements as the Operating Reality not because they reflect your innermost wisdom, *but because someone else has told you that they are true*.

At some level, you have had to make yourself believe them.

This is called Make Believe.

Yet now it is time to move away from Make Believe and toward what is Real. This may not be easy, because Ultimate Reality may differ a great deal from what many people in your world are now agreeing is real. You will literally have to be “in this world, but not of it.”

And what would be the purpose of that if your life is going well? Nothing. There would be no purpose. If you are satisfied with your life and with the world as it is, there would no reason for you to seek to shift your Reality, and to stop all this Make Believe.

This message is for those who are not satisfied with their world as it is.

We shall now examine The Ten Illusions one by one. You will see how each Illusion has caused you to create life on your planet as you are now living it.

You will notice that each Illusion builds on the last. Many sound very much alike. That is because they *are* alike. All of the Illusions are simply larger versions of the only illusion there is. They are grander distortions of the original distortion.

You will also notice that the reason each new Illusion was created was to fix a flaw in the Illusion just before. Finally, tired of fixing flaws, you simply decided that you did not understand any of it, and so, created the Final Illusion: Ignorance Exists.

This allowed you to shrug your shoulders and quit trying to solve the mystery.

But the evolving mind will not allow such a retreat for very long. In just a few short millennia – a very brief time, indeed, in the history of the Universe – you have come to the place where ignorance is no longer bliss.

You are about to climb out of primitive culture. You about to make a quantum leap in your understandings. You are about to see through...THE TEN ILLUSIONS.



The First Illusion is:

NEED EXISTS

This is not only the First Illusion, but the grandest. On this Illusion are all other illusions based.

Everything that you currently experience in life, everything that you feel moment to moment, is rooted in this idea, and your thought about it.

Need is non-existent in the Universe. One needs something only if one requires a particular result. The Universe does not require a particular result. The Universe IS the result.

Need is non-existent in the Mind of God. God would need something only if God required a particular result. God does not require a particular result. God is that which produces ALL results.

If God needed something to produce a result, where would God get it? There is nothing that exists outside of God. God is All That Is, All That Was, and All That Will Ever Be. There is nothing that is that is not God.

You may better grasp this if you use the word Life in place of the word God. The two words are interchangeable, so you will not alter the meaning, you will merely increase understanding.

Nothing that is, is not Life. If Life needed something to produce a result, where would Life get it? There is nothing that exists outside of Life. Life is All That Is, All That Was, and All That Will Ever Be.

God needs nothing to occur except that which is occurring.

Life needs nothing to occur except that which is occurring.

The Universe needs nothing to occur except that which is occurring.

This is the nature of things. *This* is How It Is, not the way you have imagined it.

In your imagination you have created the idea of Need, out of your experience that you need things in order to survive. Yet suppose that you didn't care whether you lived or died. Then what would you need?

Nothing at all.

And suppose that it was impossible for you *not* to live. Then what would you need?

Nothing at all.

Now here is the truth about you: it is impossible for you not to survive. You cannot *fail* to live. It is not a question of *whether* you will live, but *how*. That is, what form will you take? What will your experience be?

I tell you this: you need nothing to survive. Your survival is guaranteed. I gave you Everlasting Life, and I never took it away from you.

Hearing this, you may say, yes, but survival is one thing, and happiness is another. Now you may imagine that you need something in order to survive *happily*-- that you can be happy only under certain conditions. This is not true, but you have believed it to be true. And because belief produces experience, you have experienced life in this way, and have thus imagined a God who must experience life in this way as well. Yet this is no more true for God than it is for you. The only difference is, *God knows this*.

When *you* know this, you will be as a god. You will have mastered life, and your whole reality will change.

Now here is a great secret: Happiness is not created as a result of certain conditions, certain conditions are created as a result of happiness.

That is such an important statement that it bears repeating.

*Happiness is not created as a result of certain conditions, certain conditions are created as a result of happiness.*

This statement holds true for every other State of Being as well.

*Love is not created as a result of certain conditions, certain conditions are created as a result of love.*

*Compassion is not created as a result of certain conditions, certain conditions are created as a result of compassion.*

*Abundance is not created as a result of certain conditions, certain conditions are created as a result of abundance.*

Substitute any State of Being you can imagine or devise. It will still hold true that Beingness precedes experience, and produces it.

It is because you have not understood this that you imagine certain things must occur in order for you to be happy – and also imagine a God for whom the same is true.

Yet if God is First Cause, what can occur that God did not cause in the first place? And if God is all-powerful, what can occur that God does not choose to occur?

Is it possible for something to occur that God cannot stop? And if God is choosing *not* to stop it, is the occurrence itself not something which God is choosing?

Of course it is.

Yet why would God choose things to occur which would make God unhappy? The answer is the answer which you cannot accept.

*Nothing makes God unhappy.*

You cannot believe this because this requires a God without need or judgment, and you cannot imagine such a God. The reason that you cannot imagine such a God is that you cannot imagine such a *human*—you do not believe that *you* can live that way—and *you cannot imagine a God who is greater than you.*

When you come to understand that you *can* live that way, then you will know all there is to know about God.

You will know that your second assessment was right. God is *not* greater than you. How can God be? For God is that which is you, and you are that which is God. Yet *you* are greater than you think you are.

Masters know this. There are Masters walking your planet right now who know this. These Masters come from many traditions, religions, and cultures, yet they all have one thing in common.

*Nothing makes Masters unhappy.*

There is a great but simple secret that helps them to get to this place, to adopt this state of mind, to experience this state of Being. I will reveal that secret to you later.

It is not one that you do not already know, so in a sense it is not a secret at all, and, therefore, I will not be revealing it to you, but merely reminding you.

In the early days of your primitive culture, most humans were not in this place of mastery. Their only desire was to avoid unhappiness, or pain. Their awareness was too limited for them to understand that pain did not have to produce unhappiness (a point about which we will soon have a more lengthy discussion), and so their life strategy was built around what later came to be described as The Pleasure Principle. What brought them pleasure, they moved toward, and what deprived them of pleasure (or caused pain), they moved away from.

Thus, the First Illusion, the idea that Need Exists, was created. It was what could be called the First Mistake.

Need does not exist. It is a fiction. In reality, you need nothing to be happy. Happiness is a state of mind.

This is not something that early humans were capable of grasping. And because they felt that they needed certain things in order to be happy, they assumed that the same must be true of All Life – including that part of Life which they came to understand as a Greater Power – a concept which some of your succeeding generations have conceptualized as a living being referred to by a wide variety of names, among them Allah, Yahweh, Jehovah, and God.

It was not difficult for early humans to conceive of a power greater than themselves. Indeed, it was necessary. An explanation was needed for things that happened that were totally out of their control.

The mistake here was not in assuming that there was such a thing as God (the combined power and the combined energy of All That Is), but in assessing that this Total Power and Complete Energy could need anything at all; that God was, in some way, dependent on something or someone else to be happy, or satisfied, complete or fulfilled.

This was like saying that The Fullness was not full. That It needed something to *make* it full. It was a contradiction in terms – but you could not see this. (Many still do not see it today.)

From this creation of a dependent God, you produced a Cultural Story that God has an *agenda*. That is, something that God wants and needs to occur, and a *way* in which it *has* to occur, in order for God to be happy.

You have reduced this Cultural Story to a Myth which crystallizes as: Thy will be done.

Your idea that I *had* a Will forced you to then try to figure out what My Will *was*. This exercise quickly made it clear to you that there was no universal agreement among your species on this point. It didn't take much logic to figure out that if not everyone knew, or agreed on, what God's Will was, not everyone could possibly be *doing* God's Will.

The cleverest among you used this to explain why some people's lives seemed to work better than others, but then you opened a new question: how could it be possible for God's Will not to be done if God was God?

Clearly, there was a flaw in the First Illusion. This should have revealed the idea of Need to be false, but humans knew at some very deep level that they could not *give up* The Illusion, or something very vital would come to an end.

They were right. Early humans had it correct. (Later in this communication it will be explained to you why The Illusion must exist.) But early humans made a mistake. Instead of seeing The Illusion AS an illusion, and using it for the purpose for which it was intended, they thought they had to *fix the flaw*.

It was to fix the flaw in The First Illusion that The Second Illusion was created.



# Excerpt

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